



Abby Howard

Kansas City, MO

abby@abbyhowardgolf.com

Player profile available on Junior Golf Hub

ACADEMICS

Liberty High School - Liberty, MO

GPA: 4.0

GRADUATION DATE: May 2020

DEGREE GOAL: Pre-Physical Therapy

Advanced/Honors Coursework:

Advanced ELA, French I-III, Honors American History, Geometry, Algebra II, Honors Theo Chemistry, Biomedical Science, AP Physics (Dual Credit UMKC), AP Government, Pre-Calculus, Human Body Systems (Dual Credit Missouri S&T)

PLAYER PROFILE

NCAA ID#: 1808251345

HEIGHT: 5'3" **WEIGHT:** 130 lbs

HOME COURSE: Shoal Creek Golf Course

AVERAGE YARDAGE: 5500

AVERAGE DRIVER: 200 yards

AVERAGE 7 IRON: 140 yards

LOW TOURNAMENT SCORE: 74

HANDICAP: 5.1 **GHIN:** 1084370

WEEKLY PRACTICE REGIMEN:

4-8 hours playing | 4-8 hours range |

6-8 hours short game | 6-8 hours strength/conditioning

COACH CONTACT INFORMATION

HIGH SCHOOL COACH: Forrest Bertoldie

PHONE: 816-550-9036

E-MAIL: forrest.bertoldie@lps53.org

INSTRUCTOR:

Brenndan Cooper

PHONE: 816-305-0488

E-MAIL: bc@brenndancoppergolf.com

STRENGTH/CONDITIONING TRAINER: Drake Pollard

PHONE: 816-407-1249

E-mail: drake@boostkc.com

ATHLETIC AWARDS & ACHIEVEMENTS

Kansas City Junior Tour Champion – 2018

KCGA Player of the Year Runner-up – 2017

Missouri Class 2 District 8 – 1 (2017), 2 (2018)

Missouri Conference – 2 (2017), 2 (2018)

Missouri Class 2 State – 19th/96 (2017), T50/90 (2018)

All Conference Team – 2017, 2018

All District Team – 2017, 2018

Varsity Letter Golf – 2016, 2017, 2018

LHS Player of the Year – 2017, 2018

Team Captain – 2019-20

Student Athlete of the Month – September 2017

LPGA Leadership Academy – 2017

LPGA Girls Golf eLeader – 2018

EXTRA-CURRICULAR ACTIVITIES

ATHLETIC:

Varsity Golf – 2016, 2017, 2018

Basketball – 2015

LEADERSHIP:

National Honor Society, 2018-19

Academic Letter – 2016-17, 2017-18

Student Scholar – 2018-19

Key Club – 2017-18, 2018-19

FCA – 2018-19

LPGA Girls Golf eLeader – 2018

LHS Practical Leadership Class – 2018-2019

Part-time employee Hodge Golf Course – 2018

Medical Leaders of Tomorrow – 2017-18

COMMUNITY SERVICE:

Just Be You Autism Walk, Heroes for Hope 5K, Liberty Marathon Volunteer

Cross-Lines Community Outreach

Various community events through Key Club and FCA

Date	Event	Course	Location	Score	Par	Yardage	Place	Conditions
June 5, 2019	MGA / Missouri Junior Golf Tour	Sedalia Country Club	Sedalia, MO	78	70	4934	1 / 21	Temps in 80s, wind gusts up to 20mph
May 29-30, 2019	KCGA / Kansas City Junior Championship	Brookridge Golf Club	Overland Park, KS	86 / 84	72	5766	11 / 231	Upper 70s/80s
October 15-16, 2018	MSHSAA / State Championship Class 2	Swope Memorial Golf Course	Kansas City, MO	91 / 93	72	5304	T51/90	40s / low 60s with wind gusts up to 25mph
October 10, 2018	MSHSAA / Sectionals Class 2 Section 4	Lakewood Oaks Country Club	Lee's Summit, MO	87	72	5400	8 / 50 3rd lowest individual qualifier score	Low 50s, wind gusts up to 20mph, water-logged course w/ record rainfall
October 1, 2018	MSHSAA / Districts Class 2 District 8	Paradise Point Golf Club - The Outlaw	Overland Park, KS	84	72	5332	2 / 52	70s, wind gusts up to 25mph
September 24, 2018	MSHSAA / Conference	Paradise Point Golf Club - The Outlaw	Kansas City, MO	82	72	5332	2 / 35 Tied winning score; 2nd on scorecard tiebreaker	Mid 70s, light rain
September 20, 2018	MSHSAA / Varsity Match	Tiffany Greens Golf Course	Kansas City, MO	43	36	2889	1 Medalist	Mid 90s, wind gusts up to 25mph
September 17, 2018	MSHSAA / Oak Park Invitational	Paradise Point Golf Club - The Posse	Kansas City, MO	84	72	5461	T4 / 85	90s
September 13, 2018	MSHSAA / Corwin Classic	Fred Arbanas Golf Club	Lee's Summit, MO	37	36	2621	1 Medalist	Mid 80s, wins up to 12mph
September 10, 2018	MSHSAA / Liberty North Invitational	Liberty Hills Country Club	Liberty, MO	82	72	5000	4 / 92	80s, wind 5mph
September 6, 2018	MSHSAA / Central Invitational	Moila Country Club	St Joseph, MO	76	74	5149	1 / 74	70s, rain
September 4, 2018	MSHSAA / Varsity Quad 18 Hole Match	Shoal Creek Golf Course	Kansas City, MO	83	71	4800	2 / 20	Low 80s, wind 10mph
August 27, 2018	MSHSAA / Mo-Kan Tournament	Blue Hills Country Club	Kansas City, MO	90	72	5541	21 / 100	90s, wind gusts up to 35mph
August 2, 2018	KCGA / KCJT Championship	Lake Quivira Country Club	Lake Quivira, KS	79	72	5491	1/18	Low 90s

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July 30, 2018	KCGA / KCJT	Swope Memorial Golf Course	Kansas City, MO	90	72	5770	9/29	Low to mid 80s
July 23-24, 2018	Prairie Invitational	Indian Hills Country Club	Overland Park, KS	89 / 100	72	6035		Mid 80s, winds 7mph / High 80s low 90s, winds 7mph
July 11-12, 2018	Accelerated Golf Tour	Swope Memorial Golf Course	Kansas City, MO	84 / 92	72	5888	8/14	Upper 90, heat index 100+/100s, heat index 105+
July 9-10, 2018	MGA / Missouri Junior Amateur Championship	Meadow Lakes Country Club	New Bloomfield, MO	80 / 88	72	5468	T10 / 27	Upper 80s w/ Heat index 90s/ Upper 90s w/ Heat index 105+
July 2, 2018	MGA / Missouri Junior Golf Tour	Silo Ridge Country Club	Bolivar, MO	86	72	5297	1 / 9 Won in chip-off	Upper 80s / Heat index 90s
June 28, 2018	KCGA / KCJT	Drumm Farm Golf Course	Independence, MO	74	72	5110	1 / 13	Mid 90s / Heat index 105
June 13, 2018	KCGA / KCJT	Hillcrest Golf Club	Kansas City, MO	86	73	5581	T6 / 21	Low 80s
May 30-31, 2018	KCGA / Kansas City Junior Championship	Brookridge Golf Club	Overland Park, KS	90 / 87	72	5766	T16 / 27	Upper 80s
May 19-20, 2018	Futures Junior Tour	Winterstone Golf Course	Kansas City, MO	89 / 84	72	5611	3	Mid 70s / Rain on day of round 2
May 4-6, 2018	KCGA / Kansas City Junior Match Play Championship	Swope Memorial Golf Course	Kansas City, MO	L 2&1 in quarterfinals	72	5770	9	Mid 80s
October 9-10, 2017	MSHSAA / State Championship Class 2	Sedalia Country Club	Sedalia, MO	81 / 80	71	5360	19 / 96	Warm Mid 80s / Rain and mid 40s
October 2, 2017	MSHSAA / Sectionals Class 2 Section 4	Paradise Point The Posse	Smithville, MO	86	72	5461	T6 / 50	High 80s, winds 15mph
September 25, 2017	MSHSAA / Districts Class 2 District 8	Liberty Hills Golf Course	Liberty, MO	79	72	4941	1 / 45	Mid 80s, winds 7-12mph
September 19, 2017	MSHSAA / Varsity Match	Shoal Creek Golf Course	Kansas City, MO	35	35	2151	1	High 80s Low 90s, winds 9-15mph
September 18, 2017	MSHSAA / Conference	Paradise Point The Outlaw	Smithville, MO	84	72	5332	2 / 29	Rain, mid 70s, winds 5mph
September 13, 2017	MSHSAA / Varsity Match Quad	The Deuce	Kansas City, MO	42	35	2950	T2	Low to Mid 80s, winds 5mph

Date	Event	Course	Location	Score	Par	Yardage	Place	Conditions
September 9, 2017	MSHSAA / Liberty Invitational	Paradise Point The Posse	Smithville, MO	90	72	5461	6 / 59	Low to Mid 80s, winds 5mph
August 31, 2017	MSHSAA / St Joe Central Invitational	Moila Country Club	St. Joseph, MO	82	74	5149	T2 / 86	Low 80s, winds 5mph
August 29, 2017	MSHSAA / Varsity Match	Shoal Creek Golf Course	Kansas City, MO	40	35	2151	2	Mid to high 70s, 3-7mph
August 24, 2017	MSHSAA / Varsity Match	Moila Country Club	St. Joseph, MO	41	38	2763	1	Low 80s, winds 5-11mph
August 3, 2017	KCGA / KCJT	Lake Quivira Country Club	Lake Quivira, KS	89	72	4878	2 / 9	Low 80s, winds 8-12mph
August 1, 2017	KCGA / KCJT	Sunflower Hills Golf Course	Bonner Springs, KS	84	72	5107	4 / 8	Mid 80s, winds 5mph
July 26, 2017	KCGA / KCJT	Swope Memorial GC	Kansas City, MO	85	72	4568	T2 / 8	Low 80s, light rain, winds 7mph
July 24-25, 2017	Prairie Invitational	Milburn Country Club	Overland Park, KS	83 / 85	72	5094	9 / 38	Mid 80s, winds 7mph / High 80s low 90s, winds 7mph
July 19, 2017	KCGA / KCJT	Tiffany Greens Golf Club	Kansas City, MO	81	71	4497	1 / 10	Low 90s, heat index 100s, rain storms, winds 5-10mph
July 17-18, 2017	Missouri Junior Amateur Championship	Jefferson City Country Club	Jefferson City, MO	92 / 95	72	5612	T10 / 18	Low to mid 90s, winds 5-10mph
July 13, 2017	MGA (Missouri)	Lake Valley Golf Club	Camdenton, MO	85	72	4918	1 / 13	Mid 90s, heat index 100s, winds 3-9mph
July 12, 2017	KCGA / KCJT	St Andrews Golf Club	Overland Park, KS	87	71	4715	7 / 14	Low 90s, winds 8-12mph
July 6, 2017	KCGA / KCJT	Prairie Highlands Golf Course	Olathe, KS	87	72	5122	4 / 14	High 80s, winds 5mph
July 1-2, 2017	Hurricane Golf Tour	Sycamore Ridge	Springhill, KS	96 / 91	72	5725	5 / 7	Mid to high 80s, heat index 90s, winds 5-10mph
June 28, 2017	KCGA / KCJT	Dub's Dread Golf Club	Kansas City, KS	91	72	5350	T3 / 10	Low 90s, winds 12-22mph
June 23, 2017	MGA (Missouri)	Oak Hills Golf Center	Jefferson City, MO	85	70	5485	T2 / 16	Mid 80s, winds 10mph

Date	Event	Course	Location	Score	Par	Yardage	Place	Conditions
June 22, 2017	KCGA / KCJT	Minor Park Golf Course	Kansas City, MO	87	71	4790	T2 / 13	Mid 80s, 7-10mph
June 15, 2017	KCGA / KCJT	Drumm Farm Golf Course	Independence, MO	92	72	5110	4 / 9	Low 90s, winds 10-18mph
June 9, 2017	MGA (Missouri)	Rolling Hills Country Club	Versailles, MO	95	71	4868	7 / 10	Low to mid 90s, winds 7-10mph
June 5, 2017	KCGA / KCJT	Fred Arbanas Golf Course	Lee's Summit, MO	90	72	5505	2 / 8	Mid 80s, winds 7-12mph
May 5-6, 2017	AJGA Preview Series	Meadowbrook Country Club	Mt Pleasant, WI	103 / 107	72	5704		Mid 40s, winds up to 20mph
April 22-23, 2017	MWJGA (Midwest Junior Golf Tour)	Drumm Farm Golf Course	Independence, MO	101/93	72	5514	14 / 20	Mid 60s, winds up to 20mph / Low 70s, winds 1-5mph
April 8-9, 2017	MWJGA (Midwest Junior Golf Tour)	Sunflower Hills Golf Course	Bonner Springs, KS	94/98	72	5533	7 / 11	Low 70s, winds up to 20mph / Mid 70s, winds 15-22mph
April 1-2, 2017	MWJGA (Midwest Junior Golf Tour)	Ironhorse Golf Course	Leewood, KS	110 / 108	72	5502	13 / 15	Cool 40s-low 50s, winds 10mph / Mid 60s, winds 5-10mph
March 25-26, 2017	MWJGA (Midwest Junior Golf Tour)	Fred Arbanas Golf Course	Lee's Summit, MO	102/98	72	5505	13 / 14	Mid 50s, rain and winds 5-10mph / Low to mid 50s, winds 5-10mph
September 21, 2016	MSHSAA / Varsity Match	Shoal Creek Golf Course	Kansas City, MO	45	35	2151	T5	
September 19, 2016	MSHSAA / Liberty North Invitational	Cardinal Hill Golf Course	Liberty, MO	97		5803	T4 / 83	
September 13, 2016	MSHSAA / Lee's Summit Invitational	Fred Arbanas Golf Course	Lee's Summit, MO	112		5505	17 / 60	
September 7, 2016	MSHSAA / Richmond Invitational	Shirkey Golf Course	Richmond, MO	109		5520	T50 / 77	